

Obesity affects over 39% of the population worldwide, mostly due to lifestyle and dietary habits, highly increasing the risk of developing obesity-associated disorders such as cardiovascular and respiratory disorders, diabetes mellitus, or liver disease among others. Patented satiating gummies developed by NUTRIS are sugar free and aim to improve weight management in an easy and entertaining fashion. Its exclusive formulation, containing 500mg of glucomannan from *Amorphophallus konjac* per gummy, promotes weight reduction in a fast manner due to its satiating effects, improving health and quality of life.

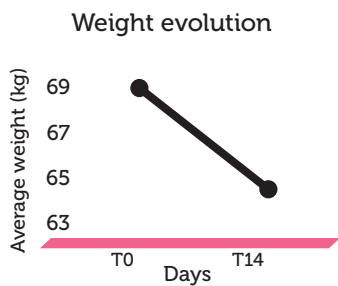


## CLINICAL STUDY

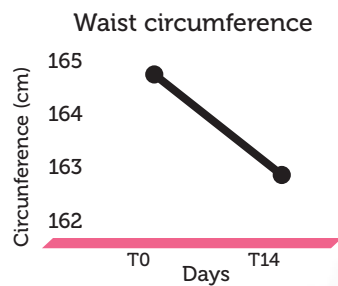
**Objective:** To evaluate the effect of satiating gummies and its efficacy in weight loss.

**Protocol:** 100 healthy volunteers (aged 38-71) consumed 2-4 pieces, each piece containing 500mg of glucomannan before each meal, with a maximum daily intake of 6 pieces for two weeks.

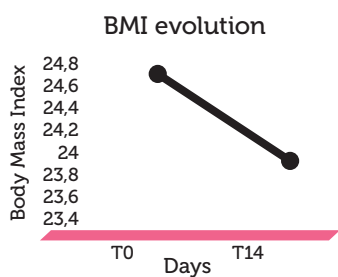
Parameters related to weight loss and improved health such as waist circumference, weight and BMI were measured. No adverse effects were observed. GI wellbeing was evaluated using the referenced GIQLI questionnaire.



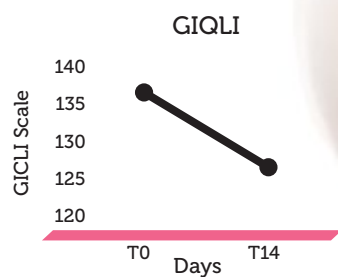
Weight was reduced by 5kg (T14)



Waist was reduced by 1,87cm (T14)



BMI was reduced by 0.8 (T14)



GI symptoms were improved (T14)

These sugar-free gummies satiate effectively as demonstrated by the weight reduction, reduced waist circumference and lowered BMI in just 14 days. In addition, our patented satiating gummies are highly accepted product as it safely promotes GI wellbeing and no observed adverse effects were detected.

